

# CONFERENCE PROGRAM

## Wednesday September 14

- 13:00-16:45 Registration open
- 13:00-19:00 Poster area open
- 16:00-17:00 Poster Dating (Poster presenters are requested to be present by their posters)
- 17:15-18:00 Opening ceremony
- Musical Performance
  - Opening Speech, Brenda Happell, Chair of Scientific Committee, Professor, Southern Cross University, Australia and University College Cork, Ireland; Director, Happell Consulting, Australia
  - Opening Speech, Representative of Escola Superior de Enfermagem de Lisboa
- 18:00-18:45 Keynote Speech, Adam Christoferson and Jeremiah Brown, Musical Intervention, USA. *The world needs you*
- 19:00-19:45 Get Together: Cocktail Reception, canapes, and networking.

## Thursday September 15

- 8:30-18:00 Registration open
- 9:00-9:45 Keynote Speech, Anu Castaneda, Finnish Institute for Health and Welfare: *Perspectives of cultural diversity in mental health: What can we all do for the shift from ethnic gaps and inequalities towards healthier societies*
- 9:45-10:15 Coffee break

10:15-11:50	Oral sessions: 4 presentations in 7 parallel sessions
11:50-13:00	Lunch and poster viewing
13:00-14:35	Oral sessions: 4 presentations in 7 parallel sessions
13:00-16:30	Music Workshop
14:35-15:10	Coffee break and poster viewing
15:10-16:20	Oral sessions: 3 presentations in 7 parallel sessions
16:20-16:35	Break
16:35-17:15	Keynote Speech, Professor Miguel Xavier, Portugal. <i>Mental Health in Portugal: some lessons for the future</i>
19:30	Banquet Dinner and ECMH Party with music and dance in Restaurant Monte Mar Lisboa (separate registration and fee), Music performed by La Bohème

### Friday September 16

7:30-8:00	Morning Yoga
9:00-9:45	Round table discussion. Topic: <i>Resilience in the times of change.</i>
9:45-10:15	Coffee break and poster viewing
10:15-11:00	Keynote Speech, Professor Raymond Bond, Ulster University, Northern Ireland. <i>Digital mental health: Why do we need AI, apps and chatbots?</i>
11:10-12:20	Oral sessions: 3 presentations in 7 parallel sessions
11:25-12:20	Workshop for early career researchers on getting published (npj Mental Health, Session 28)
12:20-13:30	Lunch and poster viewing
13:30-14:40	Oral sessions: 3 presentations in 7 parallel sessions
14:50-15:15	Closing ceremony; Best Poster Award; Invitation to the 11th European Conference on Mental Health

## GENERAL INFORMATION

### INFORMATION DESK

Participants can register for the conference at the information desk at the Marriott hotel. Information desk will be open as follows:

Wed	September 14 <sup>th</sup> :	13:00-16:45
Thu	September 15 <sup>th</sup> :	8:30-18:00
Fri	September 16 <sup>th</sup> :	8:45-14:40

The hosts of the conference will be available to assist you at the information desk. Most of the times there are also our local volunteers to give information about the city. The hosts are wearing STAFF badges.

### CERTIFICATE OF ATTENDANCE AND EVALUATION

All participants will receive a certificate of attendance. After the conference you will receive a feedback form through e-mail.

### LANGUAGE

The conference language is English. There will be no simultaneous interpretation or materials in different languages.

### SPEAKER'S PRESENTATION SERVICE

Ask for advice on registration / info desk.

### LUNCH AND REFRESHMENT

Lunch and coffee are included in conference fee and are served in the conference area. We offer buffet lunch with fish, meat and vegetarian option with starters and side dishes, soft drinks, coffee and tea.

### ACTIVITIES

*Vote for the best poster* Conference delegates have opportunity to vote for the best poster until Friday morning