

Channel Guide Lineup

Networks	Ch.	Packages							
On Demand	1	●	●	●	●	●	●	●	●
CBS (WCBS - NY) HD	2	●	●	●	●	●	●	●	●
Home Shopping Network (HSN) HD	3	●	●	●	●	●	●	●	●
NBC (WNBC - NY) HD	4	●	●	●	●	●	●	●	●
Fox (WNYW - NY) HD	5	●	●	●	●	●	●	●	●
QVC HD	6	●	●	●	●	●	●	●	●
ABC (WABC - NY) HD	7	●	●	●	●	●	●	●	●
PBS (NJ PBS) HD	8	●	●	●	●	●	●	●	●
My Network Television (MNT) (My9 - WWOR - NJ) HD	9	●	●	●	●	●	●	●	●
MeTV (WJLP - NY/NJ) HD	10	●	●	●	●	●	●	●	●
The CW (CW11 - WPIX - NY) HD	11	●	●	●	●	●	●	●	●
News 12 New Jersey HD	12	●	●	●	●	●	●	●	●
PBS (WNET Thirteen) HD	13	●	●	●	●	●	●	●	●
NYC Life (WNYE) HD	14	●	●	●	●	●	●	●	●
ion (WPXN - NY) HD	15	●	●	●	●	●	●	●	●
Univision (WXTV - NY) HD	16	●	●	●	●	●	●	●	●
Telemundo (WJNJ - NY/NJ) HD	17	●	●	●	●	●	●	●	●
WMBC (Newton) HD	18	●	●	●	●	●	●	●	●
WRNN (New Rochelle, NY) HD	19	●	●	●	●	●	●	●	●
Educational Access	20	●	●	●	●	●	●	●	●
Leased Access (Barker Channel/ Bulletin Channel)	21	●	●	●	●	●	●	●	●
WZME MeTV+	22	●	●	●	●	●	●	●	●
CNN HD	23	●	●	●	●	●	●	●	●
Fox News Channel HD	24	●	●	●	●	●	●	●	●
MSNBC HD	25	●	●	●	●	●	●	●	●
CNBC HD	26	●	●	●	●	●	●	●	●
The Weather Channel HD	27	●	●	●	●	●	●	●	●
CNN Headline News (HLN) HD	28	●	●	●	●	●	●	●	●
ESPN HD	29	●	●	●	●	●	●	●	●
ESPN2 HD	30	●	●	●	●	●	●	●	●
YES HD	31	●	●	●	●	●	●	●	●
Fox Sports 1 HD	34	●	●	●	●	●	●	●	●
SportsNet New York (SNY) HD	35	●	●	●	●	●	●	●	●
NFL Network HD	36	●	●	●	●	●	●	●	●
VH1 HD	37	●	●	●	●	●	●	●	●
CMT HD	38	●	●	●	●	●	●	●	●
MTV HD	39	●	●	●	●	●	●	●	●
WZME Story TV HD	40	●	●	●	●	●	●	●	●
CBS Sports Network HD	41	●	●	●	●	●	●	●	●
NewsNation HD	42	●	●	●	●	●	●	●	●
Disney Channel HD	43	●	●	●	●	●	●	●	●
FX Movie Channel (FXM) HD	44	●	●	●	●	●	●	●	●
AMC HD	45	●	●	●	●	●	●	●	●
Turner Classic Movies (TCM) HD	46	●	●	●	●	●	●	●	●
TBS HD	47	●	●	●	●	●	●	●	●
USA Network HD	48	●	●	●	●	●	●	●	●
Syfy HD	49	●	●	●	●	●	●	●	●
TV Land HD	50	●	●	●	●	●	●	●	●
TNT HD	51	●	●	●	●	●	●	●	●
Lifetime HD	52	●	●	●	●	●	●	●	●
WEtv HD	53	●	●	●	●	●	●	●	●
Bravo HD	54	●	●	●	●	●	●	●	●
Paramount Network HD	55	●	●	●	●	●	●	●	●
FX HD	56	●	●	●	●	●	●	●	●
Comedy Central HD	57	●	●	●	●	●	●	●	●
E! HD	58	●	●	●	●	●	●	●	●
Food Network HD	59	●	●	●	●	●	●	●	●
History Channel HD	60	●	●	●	●	●	●	●	●
Travel Channel HD	61	●	●	●	●	●	●	●	●
TLC (The Learning Channel) HD	62	●	●	●	●	●	●	●	●
Animal Planet HD	63	●	●	●	●	●	●	●	●
HGTV (Home & Garden Television) HD	64	●	●	●	●	●	●	●	●
Cartoon Network HD	65	●	●	●	●	●	●	●	●
Hallmark Channel HD	66	●	●	●	●	●	●	●	●
Discovery Channel HD	67	●	●	●	●	●	●	●	●
A&E HD	68	●	●	●	●	●	●	●	●
National Geographic HD	69	●	●	●	●	●	●	●	●
POP HD	70	●	●	●	●	●	●	●	●
Discovery Life	71	●	●	●	●	●	●	●	●

Key

- Basic TV
- Extra TV
- Core TV
- Value TV
- Select TV
- Everything TV
- Premier TV
- HD High Definition

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Freeform HD	574	    
Nickelodeon HD	575	    
AWE (A Wealth of Entertainment) HD	576	  
Disney XD HD	577	  
FX Movie Channel (FXM) HD	578	  
Great American Family HD	579	 
BET HD	580	   
Cartoon Network HD	581	   
truTV HD	582	   
Disney Jr HD	583	    
Game Show Network (GSN) HD	584	  
ShopHQ HD	585	    
Trinity Broadcasting Network (TBN) HD	586	    
Investigation Discovery HD	587	  
OWN HD	588	  
Magnolia Network HD	589	 
TV Land HD	590	  
Localish HD	591	    
American Heroes Channel (AHC) HD	593	 
Fox Sports 2 HD	594	  
Oxygen True Crime HD	595	    
Cooking Channel HD	596	  
Smithsonian HD	597	 
NBA TV HD	600	 
NFL Red Zone HD	601	
Fight Network HD	602	
Tennis Channel HD	603	 
POP HD	604	 
Hallmark Channel HD	605	  
Lifetime HD	606	   
LMN - Lifetime Movie Network HD	607	  
AMC HD	608	   
IFC HD	609	 
Fuse HD	610	 
Wetv HD	611	   
Hallmark Mystery HD	613	  
Game+ HD	614	
NHL Network HD	616	
World Fishing Network HD	617	
Sportsman Channel HD	618	
MavTV Motorsport Network HD	619	
MTV Live (HD only) HD	620	 
MTV 2 HD	621	 
FXX HD	624	  
ESPN HD	627	 
Sports Overflow 1 HD	629	   
Sports Overflow 2 HD	630	   
SEC Network HD	631	 
Vice TV HD	640	 
FYI HD	641	 
Nat Geo Wild HD	642	 
Crime & Investigation Network HD	643	  
Reelz Channel HD	658	    
Hallmark Family HD	659	  
Sundance TV HD	660	   
HBO2 HD	661	
HBO Latino HD	662	
HBO West HD	663	
HBO2 West HD	664	
Cinemax HD	665	
Cinemax West HD	666	
Showtime 2 HD	670	
Paramount+ with Showtime West HD	671	
Showtime 2 West HD	672	
The Movie Channel (TMC) West HD	675	
i24 News HD	681	    
One America News HD	683	  
BBC News HD	684	   
FOX Business Network HD	685	   
BBC America HD	695	   
ShopLC HD	701	    
MeTV (WJLP - NY/NJ) HD	710	    
NYC Life (WNYE) HD	714	    
News 12+ New Jersey HD	717	    
WMBC (Newton) HD	718	    
WRRN (New Rochelle, NY) HD	719	    
PBS (WLIW - Plainview NY) HD	720	    
PBS All Arts (HD Only) HD	723	    
NHK World (HD Only) HD	724	    

Networks		
5StarMax		333
A&E HD		68
A&E HD		567
ABC (WABC - NY) HD		7
ABC (WABC - NY) HD		507
ActionMax		337
AMC HD		45
AMC HD		608
American Crimes		93
American Heroes Channel (AHC) HD		201
American Heroes Channel (AHC) HD		593
Animal Planet HD		63
Animal Planet HD		563
Antenna TV		90
AWE (A Wealth of Entertainment) HD		203
AWE (A Wealth of Entertainment) HD		576
BBC America HD		195
BBC America HD		695
BBC News HD		184
BBC News HD		684
BET HD		80
BET HD		580
BET Her		147
BET Jams		145
BET Soul		142
Big Ten Network (BTN) HD		117
Big Ten Network (BTN) HD		538
Bloomberg TV HD		187
Bloomberg TV HD		521
Boomerang		215
Bravo HD		54
Bravo HD		550
Buzzr TV		89
C-SPAN		188
C-SPAN2		189
C-SPAN3		190
Cartoon Network HD		65
Cartoon Network HD		581
Catholic Faith Network		135
CBS (WCBS - NY) HD		2
CBS (WCBS - NY) HD		502
CBS Sports Network HD		41
CBS Sports Network HD		541
Charge!		95
Cheddar News (HD Only) HD		501
Cinemax HD		331
Cinemax HD		571
Cinemáx HD		332
Cinemáx HD		665
Cinemax West HD		339
Cinemax West HD		666
Cleo		176
CMT HD		38
CMT HD		542
CMT Music		144
CNBC HD		26
CNBC HD		526
CNN HD		23
CNN HD		523
CNN Headline News (HLN) HD		28
CNN Headline News (HLN) HD		519
Comedy Central HD		57
Comedy Central HD		557
Comet		77
Cooking Channel HD		202
Cooking Channel HD		596
Cowboy Channel		148
Cozi TV		87
Crime & Investigation Network HD		207
Crime & Investigation Network HD		643
DABL		84
Daystar		136
Destination America HD		200
Destination America HD		520
Discovery Channel HD		67
Discovery Channel HD		561
Discovery Family Channel		216
Discovery Life		71
Disney Channel HD		43
Disney Channel HD		543
Disney Jr HD		72
Disney Jr HD		583
Disney XD HD		221
Disney XD HD		577
E! HD		58
E! HD		558
Educational Access		20
ESPN HD		29
ESPN HD		530
ESPN News HD		125
ESPN News HD		537
ESPN2 HD		30
ESPN2 HD		532
ESPNU HD		127
ESPNU HD		627
estrella (WASA-LP)		228
EWTN (Religious Programming)		133
FETV		79
Fight Network HD		102
Fight Network HD		602
Flix		155
Food Network HD		59
Food Network HD		559
Fox (WNYW - NY) HD		5
Fox (WNYW - NY) HD		505
FOX Business Network HD		185
FOX Business Network HD		685
Fox News Channel HD		24
Fox News Channel HD		524
Fox Sports 1 HD		34
Fox Sports 1 HD		534
Fox Sports 2 HD		140
Fox Sports 2 HD		594
Fox Weather		186
Freeform HD		74
Freeform HD		574
Fuse HD		138
Fuse HD		610
FX HD		56
FX HD		556
FX Movie Channel (FXM) HD		44
FX Movie Channel (FXM) HD		578
FXX HD		124
FXX HD		624
FYI HD		196
FYI HD		641
Game Show Network (GSN) HD		76
Game Show Network (GSN) HD		584
Game+ HD		103
Game+ HD		614
Games		100
Gem Shopping Network (HD Only)		153
GET		83
Gol TV (English)		108
Great American Faith and Living		151
Great American Family HD		78
Great American Family HD		579
Hallmark Channel HD		66
Hallmark Channel HD		605
Hallmark Family HD		159
Hallmark Family HD		659
Hallmark Mystery HD		157
Hallmark Mystery HD		613
HBO HD		320
HBO HD		570
HBO Comedy		325
HBO Family		321
HBO Family West		329
HBO Latino HD		322

HBO Latino HD		662
HBO Signature		324
HBO Signature West		330
HBO West HD		327
HBO West HD		663
HBO Zone		326
HBO2 HD		323
HBO2 HD		661
HBO2 West HD		328
HBO2 West HD		664
HD PPV (only in HD)		389
Heroes & Icons		96
HGTV (Home & Garden Television) HD		64
HGTV (Home & Garden Television) HD		564
History Channel HD		60
History Channel HD		560
Home Shopping Network (HSN) HD		3
Home Shopping Network (HSN) HD		503
Home Shopping Network 2 (HSN2)		82
i24 News HD		181
i24 News HD		681
IFC HD		156
IFC HD		609
Investigation Discovery HD		197
Investigation Discovery HD		587
ion (WPXN - NY) HD		15
ion (WPXN - NY) HD		514
Jewelry Television		192
Justice Central		168
Leased Access (Barker Channel/Bulletin Channel)		21
Lifetime HD		52
Lifetime HD		606
LMN - Lifetime Movie Network HD		154
LMN - Lifetime Movie Network HD		607
Localish HD		91
Localish HD		591
LOGO		149
Magnolia Network HD		191
Magnolia Network HD		589
MavTV Motorsport Network HD		107
MavTV Motorsport Network HD		619
MeTV (WJLP - NY/NJ) HD		10
MeTV (WJLP - NY/NJ) HD		710
MLB Extra Innings (HD Only)		270
MLB Extra Innings (HD Only)		271
MLB Extra Innings (HD Only)		272
MLB Extra Innings (HD Only)		273
MLB Extra Innings (HD Only)		274
MLB Extra Innings (HD Only)		275
MLB Extra Innings (HD Only)		276
MLB Extra Innings (HD Only)		277
MLB Extra Innings (HD Only)		278
MLB Extra Innings (HD Only)		279
MLB Extra Innings (HD Only)		280
MLB Extra Innings (HD Only)		281
MLB Extra Innings (HD Only)		282
MLB Extra Innings (HD Only)		283
MLB Network HD		118
MLB Network HD		518
MoreMax		336
Motortrend (HD only) HD		552
MovieMax		335
Movies! Network		88
MSNBC HD		25
MSNBC HD		525
MTV HD		39
MTV HD		539
MTV 2 HD		141
MTV 2 HD		621
MTV Classic		146
MTV Live (HD only) HD		620
MTV Tr3s		143
My Network Television (MNT) (My9 - WWOR - NJ) HD		9
My Network Television (MNT) (My9 - WWOR - NJ) HD		509
Nat Geo Wild HD		205
Nat Geo Wild HD		642
National Geographic HD		69
National Geographic HD		569
NBA TV HD		101
NBA TV HD		600
NBC (WNBC - NY) HD		4
NBC (WNBC - NY) HD		504
News 12 New Jersey HD		12

News 12 New Jersey HD		512
News 12+ New Jersey HD		97
News 12+ New Jersey HD		717
Newsmax		182
NewsNation HD		42
NewsNation HD		522
NFL Network HD		36
NFL Network HD		536
NFL Red Zone HD		130
NFL Red Zone HD		601
NHK World (HD Only) HD		724
NHL Center Ice (HD Only)		270
NHL Center Ice (HD Only)		271
NHL Center Ice (HD Only)		272
NHL Center Ice (HD Only)		273
NHL Center Ice (HD Only)		274
NHL Center Ice (HD Only)		275
NHL Center Ice (HD Only)		276
NHL Center Ice (HD Only)		277
NHL Center Ice (HD Only)		278
NHL Center Ice (HD Only)		279
NHL Center Ice (HD Only)		280
NHL Center Ice (HD Only)		281
NHL Center Ice (HD Only)		282
NHL Center Ice (HD Only)		283
NHL Network HD		116
NHL Network HD		616
Nick Jr HD		217
Nick Jr HD		566
Nickelodeon HD		75
Nickelodeon HD		575
Nicktoons TV		222
NYC Life (WNYE) HD		14
NYC Life (WNYE) HD		714
On Demand		1
One America News HD		183
One America News HD		683
OuterMax		334
OWN HD		198
OWN HD		588
Oxygen True Crime HD		152
Oxygen True Crime HD		595
Paramount Network HD		55
Paramount Network HD		544
Paramount+ with Showtime HD		340
Paramount+ with Showtime HD		572
Paramount+ with Showtime West HD		348
Paramount+ with Showtime West HD		671
PBS (NJ PBS) HD		8
PBS (NJ PBS) HD		508
PBS (WLIW - Plainview NY) HD		223
PBS (WLIW - Plainview NY) HD		720
PBS (WNET Thirteen) HD		13
PBS (WNET Thirteen) HD		513
PBS All Arts (HD Only) HD		723
PBS Create		225
PBS Kids		220
PBS World		226
Playboy PPV Access		394
POP HD		70
POP HD		604
PPV Access (iN1)		390
PPV Access (iN3)		392
PPV Access in Espanol (iN7)		393
QVC HD		6
QVC HD		506
QVC2		86
Recipe.TV		169
Reelz Channel HD		158
Reelz Channel HD		658
Rewind TV		99
Science Channel HD		199
Science Channel HD		516
SEC Network HD		131
SEC Network HD		631
ShopHQ HD		85
ShopHQ HD		585
ShopLO HD		150
ShopLO HD		701
Showtime 2 HD		342
Showtime 2 HD		670
Showtime 2 West HD		349
Showtime 2 West HD		672

Showtime Extreme		341
Showtime Family Zone		347
Showtime Next		346
Showtime Showcase		344
Showtime Showcase West		350
Showtime Women		345
SHOxBET		343
Smithsonian HD		81
Smithsonian HD		597
Sports Overflow 1 HD		128
Sports Overflow 1 HD		629
Sports Overflow 2 HD		129
Sports Overflow 2 HD		630
Sportsman Channel HD		106
Sportsman Channel HD		618
SportsNet New York (SNY) HD		35
SportsNet New York (SNY) HD		527
Start TV		94
Starz HD		381
Starz HD		568
Starz Cinema		384
Starz Comedy		386
Starz Edge		387
Starz Encore		360
Starz Encore Action		361
Starz Encore Black		363
Starz Encore Classic		365
Starz Encore Espanol		373
Starz Encore Family		372
Starz Encore Suspense		367
Starz Encore West		371
Starz Encore Westerns		369
Starz In Black		388
Starz Kids & Family		383
Starz West		382
Stingray Adult Alternative		416
Stingray Bluegrass		415
Stingray Broadway		442
Stingray Christian Pop & Rock		435
Stingray Classic Masters		449
Stingray Classic Rock		418
Stingray Classic R'n'B & Soul		409
Stingray Country Classics		434
Stingray Dance Clubbin'		403
Stingray Easy Listening		448
Stingray Éxitos del Momento		436
Stingray Éxitos Tropicales		439
Stingray Flashback '70s		429
Stingray Gospel		411
Stingray Greatest Hits		413
Stingray Groove (Disco and Funk)		408
Stingray Heavy Metal		414
Stingray Hip Hop		405
Stingray Hip Hop Classics		407
Stingray Hip-Hop/R&B		406
Stingray Hit List		401
Stingray Holiday Hits		441
Stingray Hot Country		432
Stingray Indie Rock		404
Stingray Jazz Masters		445
Stingray Jukebox Oldies		430
Stingray Kids Stuff		425
Stingray Maximum Party		422
Stingray No Fences		433
Stingray Nothin' but '90s		427
Stingray Pop & Country		431
Stingray Pop Adult		419
Stingray Pop Classics		450
Stingray Pop Hits		421
Stingray Remember the '80s		428
Stingray Retro Latino		438
Stingray Ritmos Latinos		437
Stingray Rock Anthems		417
Stingray Romance Latino		440
Stingray Silk (Love Songs)		420
Stingray Smooth Jazz		444
Stingray Soul Storm		410
Stingray Swinging Standards		447
Stingray Teen Hits		423
Stingray The Blues		446
Stingray The Celebrity Channel (changes monthly)		424
Stingray The Spa		443
Stingray Tik Tok Radio		412

Stingray Today's Hits	402
Stingray Y2K	426
Sundance TV HD	160
Sundance TV HD	660
Syfy HD	49
Syfy HD	549
TBS HD	47
TBS HD	547
Teen Nick	218
Telemundo (WNJU - NY/NJ) HD	17
Telemundo (WNJU - NY/NJ) HD	517
TeleXitos	229
Tennis Channel HD	115
Tennis Channel HD	603
The CW (CW11 - WPIX - NY) HD	11
The CW (CW11 - WPIX - NY) HD	511
The Golf Channel HD	126
The Golf Channel HD	540
The Grio (HD Only)	167
The Movie Channel (TMC) HD	351
The Movie Channel (TMC) HD	573
The Movie Channel (TMC) West HD	353
The Movie Channel (TMC) West HD	675
The Movie Channel (TMC) Xtra	352
The Movie Channel (TMC) Xtra West	354
The Weather Channel HD	27
The Weather Channel HD	565
ThrillerMax	338
TLC (The Learning Channel) HD	62
TLC (The Learning Channel) HD	562
TNT HD	51
TNT HD	551
Travel Channel HD	61
Travel Channel HD	555
Trinity Broadcasting Network (TBN) HD	134
Trinity Broadcasting Network (TBN) HD	586
truTV HD	73
truTV HD	582
Turner Classic Movies (TCM) HD	46
Turner Classic Movies (TCM) HD	546
TV Land HD	50
TV Land HD	590
TVG Network	119
Universal Kids	214
Univision (WXTV - NY) HD	16
Univision (WXTV - NY) HD	515
USA Network HD	48
USA Network HD	548
VH1 HD	37
VH1 HD	545
Vice TV HD	193
Vice TV HD	640
WEtv HD	53
Wetv HD	611
Willow	114
WLNY (Riverhead) HD	98
WLNY (Riverhead) HD	510
WMBC (Newton) HD	18
WMBC (Newton) HD	718
World Fishing Network HD	105
World Fishing Network HD	617
WRNN (New Rochelle, NY) HD	19
WRNN (New Rochelle, NY) HD	719
WZME MeTV+	22
WZME Story TV HD	40
WZME Story TV HD	554
YES HD	31
YES HD	531