Concussion Action Plan



PRE-SEASON ACTION PLAN

Baseline balance and coordination

Computerised brain function test

Concussion history







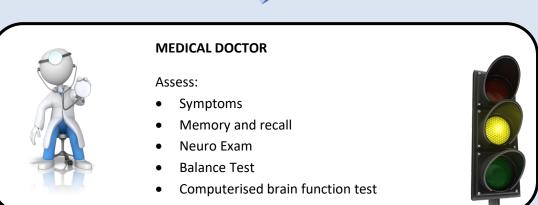
SUSPECTED CONCUSSION

Basic First Aid

Check for signs of structural head injury

See Medical Doctor





PHYSIOTHERAPIST/TRAINER

Rehabilitation



CONCUSSION SPECIALIST

Prolonged Recovery

• Multiple concussions



