| Patient Id:  |  |
|--|--|
| SymptomsScore between 0 and 9  |  |
| With 0 meaning no or none, 5 meaning troublesome and 9 being severe                |  |
| Breathlessness   |  |
| <b>On moderate exertion</b> (eg:- walking quickly, climbing 2-3 flights of stairs) |  |
| <b>On mild exertion</b> (eg:- walking slowly or doing light housework)             |  |
| <b>On slight exertion</b> (washing or dressing)                                    |  |
| Sitting at rest  |  |
| Do you get breathless lying flat?  |  |
| Other Symptoms   |  |
| Swelling of Ankles   |  |
| Swelling of Legs Above Ankles  |  |
| Are you troubled by tiredness during the day?                                      |  |
| Do you suffer much from anxiety?   |  |
| Do you feel depressed?   |  |
| Chest Pain at Rest   |  |
| Chest Pain on Exertion   |  |
| Dizziness  |  |
| Palpitations   |  |
| Indigestion or Heartburn   |  |
| Muscle Aches & Pains   |  |
| Cough and/or Wheeze  |  |
| Other Symptom or Problem (Name)  |  |
| How Severe is this problem ? Score to 9 as above.                                  |  |
| Other Symptom or Problem (Name)  |  |
| How Severe is this problem ? Score to 9 as above.                                  |  |
| Quality of Life (with 1 = very good, 5 = average, 9 = very bad)                    |  |
| How do you rate your health?   |  |
| How do you rate your overall quality of life?                                      |  |
| Please also answer these questions "Yes" or "No" or Give a Number                  |  |
| How many pillows do you sleep with?  |  |
| Do you sometimes wake in the night fighting for breath?                            |  |
| If so, how many nights in the last two months?                                     |  |
| Have you had any falls?  |  |
| If so, how many in the last two months?  |  |
| Have you had any blackouts?  |  |
| If so, how many in the last two months?  |  |