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1 Challenges in evaluation of pain and a pre-incisional line block

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15 Abstract

16 Background: Our objective was to test the effectiveness of a local anesthetic line block
17 administered before surgery in reducing postoperative pain scores in dogs undergoing
18 ovariohysterectomy (OVHX). This study was a prospective, randomized, blinded, clinical
19 trial involving 59 healthy female dogs. An algometric pressure-measuring device was
20 used to determine nociceptive threshold, and compared to three subjective pain scales.

21 Group L/B received a line block of lidocaine (4 mg/kg) and bupivacaine (1 mg/kg)
22 subcutaneously in the area of the proposed incision and saline subcutaneously as
23 premedication; group L/BM (positive control) received a similar block and morphine (0.5
24 mg/kg) subcutaneously for premedication; and group SS (negative control) received a
25 saline line block and saline premedication. Criteria for rescue analgesia were defined
26 before the study. Dogs were assessed prior to surgery, at extubation (time 0) and at 2, 4,
27 6, 8 and 24 hours post-recovery. The data were analyzed with one-way ANOVA, and a
28 repeated measures ANOVA with one grouping factor and one repeat factor (time). $P <$
29 0.05 was considered statistically significant.

30 Results: Pain was so subtle that there were no significant differences between treatment
31 groups with any assessment method, and no significant difference between positive and
32 negative controls.

33 Conclusions: Pain in non-verbal responders is subtle, even in animals with a known
34 painful stimulus. Pre-emptive, intraoperative and post-operative analgesia is necessary
35 regardless of pain score within the first 24 hours. None of the pain scales evaluated were
36 sensitive enough to determine pain in all animals in this study.

37

38 Key words: Dog, lidocaine, bupivacaine, local anesthetic, pain assessment

39

40 **Introduction**

41 As any verbal responder who has experienced pain may attest to, pain decreases
42 quality of life . Therefore, pain management in patients experiencing pain is crucial for
43 improving quality of life. Pain management of non-verbal patients is uniquely
44 challenging because the ability to effectively diagnose and treat pain becomes very
45 subjective. Pain assessment in non-verbal species has been investigated along three
46 principal lines: a) objective measures of physiologic responses to experimental pain, b)
47 subjective or semi-objective assessment of behavior postoperatively, and c) quantitative
48 measures of postoperative behavior and physiology. While studies using objective
49 physiological data (i.e. variables such as heart rate, respiratory rate and blood pressure)
50 are easy to perform and analyze statistically, there is minimal evidence that these
51 measures are reliable indicators of pain (2, 3). Most peer-reviewed research studies in
52 veterinary medicine use subjective or semi-objective assessments of postoperative pain or
53 sensitivity of an anatomical site to assess outcomes.

54 Algometers are devices used to quantitate pressure required to elicit a response
55 from a subject; this is termed “nociceptive threshold”. Algometers provide a (partially)
56 objective measurement of incisional sensitivity. The “threshold” reading is numeric and
57 objective, but the factor determining the threshold (behavioral response) is subjective.
58 Various mechanical threshold devices are validated to assess somatosensory processing
59 changes (4).

60 Multimodal analgesia is the combination of analgesic drugs with different
61 methods of action, with the goal of reducing or preventing nociceptive stimulation at
62 multiple receptors and pathways. In humans, multimodal analgesia has been shown to

63 decrease post-operative morbidity and mortality, improve quality of life and patient
64 satisfaction, and decrease the associated costs to hospitals and insurance companies (5).
65 In addition to the general agreement of a clinical benefit to this approach (6), there are
66 also an increasing number of research studies in non-verbal species supporting
67 multimodal analgesia (8-10). One simple way to include multimodal analgesia is the
68 incorporation of a local anesthetic to desensitize a specific region, in combination with
69 systemic analgesic administration.

70 This study was designed to assess the effect of pre-incisional administration of a
71 combination of local anesthetics on post-operative pain, measured by subjective and
72 objective pain scores after canine ovariohysterectomy (OVHX). We hypothesized that
73 pre-incisional infiltration of the incision area with local anesthetic agents (group L/B)
74 would result in similar post-surgical pain levels compared to animals receiving local
75 anesthetic and an opioid (group L/BM), and decreased post-surgical pain compared to
76 animals not receiving any pre-operative analgesics (group SS).

77 **Materials and methods**

78 This study examined 59 healthy intact female dogs admitted to a local animal
79 shelter (Sacramento Society for Prevention of Cruelty to Animals [SPCA], Sacramento,
80 CA, USA), ranging in age from six months to eight years old with weights ranging from
81 3.4–35.5 kg. A physical examination was performed, and temperature, heart rate, and
82 respiratory rate were recorded prior to sedation for anesthesia and surgery. Each dog had
83 a packed cell volume (PCV), total protein (TP), and blood urea nitrogen (Azostick, Bayer
84 Corporation, Elkhart, IN, USA) checked prior to surgery. Please see Table 1 for a
85 summary of baseline data. No dogs with abnormal physiologic parameters, abnormal

86 blood tests, evidence of a previous OVHX, or requiring extension of the incision beyond
87 the blocked area were used in this study. All protocols were approved by the University
88 of California, Davis, Institutional Animal Care and Use Committee, as well as by
89 administrative study reviewers at the Sacramento Society for Prevention of Cruelty to
90 Animals (SSPCA).

91 Anesthesia

92 Dogs were allocated into one of three groups using a computer generated
93 randomized block design. All three groups were sedated with acepromazine
94 (Acepromazine maleate, Vedro, St. Joseph, MO, USA) (0.03 mg/kg, subcutaneously
95 [SC]) administered prior to catheter placement. An 18-22-gauge (depending on the
96 animal's weight) over the needle IV catheter was placed in a cephalic vein for drug and
97 fluid administration. Anesthesia was induced with propofol (Diprivan, AstraZeneca LP,
98 Wilmington, DE, USA) to effect and maintained with isoflurane (Isoflurane, Abbot
99 Laboratories, North Chicago, IL, USA) in oxygen to effect. Lactated Ringer's solution
100 was administered at 10 mL/kg/hour until recovery. Heart rate, respiratory rate, and
101 systolic blood pressure were monitored throughout the procedure.

102 Dogs in group L/B received a line block prior to surgery in the incision area, consisting
103 of 4 mg/kg lidocaine (Lidocaine, Hospira Inc., Lake Forest, IL, USA) and 1.0 mg/kg
104 bupivacaine (Bupivacaine, Hospira Inc., Lake Forest, IL, USA). These dogs also received
105 0.05 mg/kg of saline SC at the same time as acepromazine administration. Group L/B
106 were test subject dogs, to compare to positive and negative control groups. Dogs in the
107 group L/BM received a line block prior to surgery, using 4.0 mg/kg lidocaine and 1.0
108 mg/kg bupivacaine. These dogs also received 0.5 mg/kg of morphine (Morphine sulfate,

109 Baxter Health Care Corporation, Deerfield, IL, USA) SC at the same time as
110 acepromazine administration. Group L/BM was the positive control group (i.e. dogs
111 anticipated to have minimal pain). Group SS was the negative control group (i.e. dog
112 anticipated to have pain). Dogs in group SS received 0.275 mL/kg of normal saline prior
113 to surgery in the incisional area. These dogs also received 0.05 mg/kg of saline SC at the
114 same time as acepromazine administration. Because we anticipated painful animals,
115 criteria for rescue analgesia were defined prior to the study's commencement and strictly
116 adhered to. The line block or saline (depending on the group) was administered after
117 induction of anesthesia and initial surgical preparation of the field, approximately five
118 minutes prior to surgical incision.

119 Line block procedure

120 Appendix 1 shows the line block in schematic form. Local anesthetic or saline
121 (depending on the group) was infused with a 2.5 inch, 22-gauge spinal needle in three
122 separate lines to form an inverted double "L" administration site. One third of the volume
123 of drug or saline was administered at each site, as volume allowed. The level of the first
124 line (Appendix 1, "1") was roughly halfway between the umbilicus and the first set of
125 nipples below the umbilicus; placement was guided by consultation with the surgeon
126 prior to incision to ensure coverage of the area to be incised (Appendix 1, "A"). The
127 width of this first line ran mediolaterally for approximately 1.25 cm on either side of
128 midline. The second line (Appendix 1, "2") began at the left-most lateral point of the first
129 line, and ran craniocaudally for the length of the spinal needle on the left side of midline.
130 The third line (Appendix 1, "3") paralleled the second on the right side of the umbilicus.
131 In Appendix 1, "B" denotes the pubis. These blocks were administered in the

132 subcutaneous and fascial planes. Aspiration prior to administration of the block was
133 performed to ensure the drugs were not given intravenously.

134 Surgical procedure

135 The hair was clipped from the xiphoid process to the pubis and three cm laterally
136 to the nipple on both sides of the abdomen. The skin was scrubbed with chlorhexidine
137 and rinsed with water 3 times. The line block was applied after initial preparation;
138 additional preparation followed until the area was aseptically prepared. An incision was
139 made extending below the umbilicus to one-third the distance from the umbilicus to the
140 pubis. An OVHX was performed in a standard fashion (10) by one of three experienced,
141 shelter veterinary surgeons. The skin was closed in a routine manner.

142 Assessment

143 Four pain scoring assessments were used; initial values for each were recorded
144 prior to the sedation of the animal for anesthesia and surgery (time negative one).
145 Assessments were then made at zero (time of extubation), two, four, six, eight, and 24
146 hours postoperatively by one veterinarian (CMM) who was blinded to which treatment
147 group each animal was in. Caretakers made additional assessments during the day when
148 animals were handled, to ensure any animal that needed additional analgesia would
149 receive it.

150 The first pain scoring assessment was a visual analog scale (VAS) score. This
151 assessment was made prior to any manipulation or handling of the animal. A mark on a
152 ten centimeter (cm) line corresponded to the assessor's visual assessment of the animal's
153 pain, ranging from zero ("not painful") to ten cm ("the most pain an animal could

154 possibly be in”), measured in mm using a standard ruler at each scoring assessment, and
155 recorded after each measurement was taken.

156 The next two pain scoring assessments were done sequentially. One of these pain
157 scales was based on a previously validated scoring system, the Glasgow Composite Pain
158 Scale (GCPS,
159 <http://www.gla.ac.uk/faculties/vet/smallanimalhospital/ourservices/painmanagementanda>
160 [cupuncture](#), subheading: Short form pain questionnaire). The primary variables included
161 vocalization (quiet, crying, groaning, screaming), attention to painful area (ignoring,
162 looking, licking, rubbing, or chewing), mobility (normal, lame, slow or reluctant, stiff, or
163 refusal to move), response to touch (none, looking around, flinch, growl, snap, or cry),
164 demeanor (happy and content, bouncy, quiet, non-responsive or indifferent to
165 surroundings, nervous or anxious or fearful, or depressed or non-responsive to
166 stimulation), and posture (comfortable, unsettled, restless, hunched or tense, or rigid).
167 Additional assessment was made using the University of Melbourne Pain Scale (UMPS)
168 (11). The primary variables included physiologic data (dilated pupils, percentage increase
169 in heart rate, percentage increase in respiratory rate, rectal temperature, salivation),
170 response to palpation (no change, guards/reacts when touched, guards/reacts before
171 touched), activity (at rest [sleeping or semiconscious, awake], eating, restless [pacing,
172 getting up and down], or rolling/thrashing), mental status (submissive, overtly friendly,
173 wary, or aggressive), posture (guarding or protecting affected area, recumbency, standing
174 or sitting with head up, standing with head down, moving, or abnormal body posture
175 [prayer/hunched]), and vocalization (none, vocalizing when touched, intermittent
176 vocalization, or continuous vocalization).

177 The final assessment method used a digital von Frey apparatus (IITC 2390 Series
178 Electronic Von Frey Anesthesiometer, Woodland Hills, CA, USA) (13). The tip of the
179 von Frey apparatus was placed one cm adjacent to the center of the incision. It was
180 pressed with a slow, continuous pressure until a response was noted, with a maximal
181 force of 1000 g. A response was considered an acknowledgement that the stimulus was
182 noxious; this included behaviors such as withdrawing from the stimulus, a cry, active
183 head turn to the stimulus, attempt to bite, etc. This measurement was repeated three times
184 at five-minute intervals, and each value was recorded as force in grams. The average
185 value of these three readings was used in the data analysis. At each time point, algometer
186 measurements were also taken from the lateral thoracic wall in the same manner. These
187 measurements, as well as pre-sedation measurements, acted as controls for analysis.

188 Rescue analgesia protocol

189 All animals were assessed by the observing veterinarian (CMM), and rescue
190 analgesia (0.5 mg/kg morphine IM) was administered to any animal that achieved a
191 maximum score in any one category of the GCPS, any animal with a pain score of 8 or
192 greater on the GCPS or who did not improve over time as compared to pre-sedation
193 GCPS score, any animal developing aggression, or a combination of these previous
194 factors. Animal handlers at the SPCA also had the opportunity to declare an animal as
195 being in pain, based on their observation, and these animals also received rescue
196 analgesia. Administration of rescue analgesia and the reason for administration was
197 recorded, and these animals were included in assessments; see “Blinding, exclusion
198 criteria and statistical analysis”. Any animal receiving rescue analgesia was reassessed 30
199 minutes later to ensure efficacy of the rescue analgesia administration.

200 Blinding, exclusion criteria, and statistical analysis

201 The evaluator (CMM) was blinded to which dog was in which group (i.e. L/B,
202 L/BM or SS) as well as to whether a placebo or a study drug was contained in a particular
203 group. The statistician who performed the data analysis remained blinded to which study
204 drug was contained in each group until the analyses were completed.

205 Initial power calculations were performed prior to commencing the study, with
206 significance set at 0.05 and power set at 0.8. An alpha error level was set at 5%. Standard
207 deviation was set at 1.8 Glasgow Composite Pain Scale units. A beta error level was set
208 at 20%. These calculations indicated the need for approximately 19 dogs in each group to
209 find significant differences in our study populations, assuming a difference of 2.6 on the
210 Glasgow Composite Pain Scale as being significant (13). The groups were analyzed for
211 differences in age, weight, preoperative temperature, heart rate, respiratory rate, BUN,
212 PCV/TS, propofol dose [mg/kg], and time negative one algometric values, by means of
213 one-way ANOVA. Normality of the errors was assessed by visual inspection of a
214 histogram of the errors and a normal probability plot. Errors were considered normal if
215 the histogram was unimodal and approximately symmetrical (14), and the normal
216 probability plot was an upwardly sloping, approximately straight line. Homogeneity of
217 variance was tested by means of a studentized residual vs. means plot. The response
218 variable of treatment groups was analyzed by means of a repeated measures ANOVA
219 with one grouping factor and one repeat factor (time). Those dogs receiving rescue
220 analgesia were analyzed in a similar fashion in two separate analyses: within their
221 collective treatment group and as a separate subgroup. $P < 0.05$ was considered
222 statistically significant.

223 **Results**

224 There were 20, 19 and 20 dogs in Groups L/B, L/BM, and SS, respectively, for a
225 total of 59 dogs. Twenty of the 59 dogs initially enrolled, required rescue analgesia
226 (seven, three and ten dogs in groups L/B, L/BM, and SS, respectively, with no significant
227 differences in the proportion requiring rescue analgesia between groups). Of all the
228 predetermined rescue analgesia criteria, the only criteria triggering administration of
229 rescue analgesia were animals that achieved a maximum score in any one category
230 (mobility: refusal to move) of the GCPS and animals developing aggression. The
231 majority of the dogs requiring rescue analgesia required it at time 0 (extubation; 18 of 20
232 dogs) for refusal to move. All fifty-nine dogs were included in the analysis; additional
233 analysis of the separate subgroup of dogs who received rescue analgesia showed similar
234 results to the analysis of all 59 dogs, but the low numbers of dogs remaining in the groups
235 after removal of those requiring rescue analgesia brought into question the validity and
236 precision of the statistical analyses (therefore, data not shown).

237 VAS, GCPS, and UMPS analyses showed no significant difference in pain scores
238 between treatment groups, and there was a significant effect of time (i.e. a decrease in
239 pain scores over time; Figures 1, 2, and 3). Algometric values were compared to one of
240 two controls. Regardless of whether the value obtained at the wound was compared to the
241 thoracic measurement obtained at the same time or compared to the pre-incisional control
242 reading (i.e. measurement at abdomen / control measure), there was no significant
243 difference in values obtained between treatment groups, and there was a significant effect
244 of time (i.e. a decrease in pain scores over time; Figures 4 and 5).

245 **Discussion**

246 We chose three different groups to test the efficacy of our line block to improve
247 postoperative pain scores and algometric values. One group of animals (L/BM) was
248 selected to receive morphine premedication to serve as the positive control group (i.e. the
249 group anticipated to have the best analgesia). The group of animals that did not receive
250 analgesia (SS) served as the negative control (i.e. the group anticipated as painful). The
251 treatment group of interest, L/B, was evaluated in comparison to these positive and
252 negative controls. The most profound result of our study was the lack of statistically
253 significant differences between our positive and negative control at any given time point;
254 that is, there was no statistically significant difference between an animal that received no
255 pre-emptive analgesia and an animal receiving a full mu opioid to provide analgesia,
256 using any of the assessment methods. This result was surprising, not only from the
257 perspective of rendering the effects of treatment only speculative, but also in the
258 implications this possesses for investigators researching pain in non-verbal species.

259 There are a number of potential reasons for the results obtained. Study design is
260 critical to successfully identifying targeted outcome. One potential reason no significant
261 difference between pain scores for any treatment group was evident was the number of
262 dogs included in the study, thus limiting statistical power of our study. Our initial sample
263 size calculations potentially hindered the study in two ways. Firstly, we applied sample
264 size calculations meant for two groups to three groups. In retrospect, in order to correctly
265 calculate our initial sample size, we would modify alpha ($P=0.05$), with three groups and
266 the number of potential comparisons (3), and therefore use an alpha value of 0.017
267 ($0.05/3$); this was not done. Secondly, our initial sample size calculations used a
268 difference in the GCPS of 2.6, based on previous work (13). This was regarded as the

269 minimum difference that would be clinically relevant. |The differences in pain scores in
270 our study were smaller than this (Figure 2) and while increasing the number of animals
271 treated may possibly have reached statistical significance it would still have had little
272 relevance for the clinician. Additionally, because we cannot account for Type II error, our
273 statistical analysis is not conclusive.

274 The other aspect of study design was the intent to maximize the potential for
275 successful pain identification, and thus the inclusion of one group that did not receive any
276 preemptive analgesic medication (negative control). This decision was not made lightly,
277 and the criteria were very strict for the use of rescue analgesia because of this. Even in
278 light of this group that intentionally included, albeit aggressively managed for, pain, there
279 was still no significant difference between the negative and positive control groups.

280 It may be that the dogs in this study were experiencing little discomfort, making it
281 difficult to distinguish between the treatment groups. While this may seem unreasonable
282 in regards to an intra-abdominal procedure, pain scores on the only validated scoring
283 system (GCPS) were very low, never achieving a score of greater than five out of a
284 maximal value of 24 at any one time point. A study evaluating intervention levels using
285 the GCPS suggested intervening if a score of six out of 24 was obtained; the GCPSs
286 values obtained in the present study were below this threshold (15). With such low pain
287 scores, it was difficult to establish differences between the treatment groups. The low
288 pain scores may have been due to the highly experienced veterinarians who were
289 performing the OVHX creating minimal tissue trauma during surgery (and thus minimal
290 pain associated with the surgery). In this study, the three surgeons were shelter
291 veterinarians who performed up to 40 surgeries on any given day with over 30 years of

292 combined experience between them; surgery time ranged from 11 to 47 minutes, with an
293 average surgery time of 21 minutes. This is considerably less than the average time of
294 140 minutes for a veterinary student to spay a dog (16). If a group of less experienced
295 surgeons—for example, veterinary student surgeons—performed the procedures, more
296 detectable differences may have arisen. There is extensive debate about this subject,
297 further complicated by a lack of reporting surgeon experience level in well-performed
298 pain studies. At least one study specifically examining surgeon experience level
299 suggested experience level of the surgeon was not correlated with a change in
300 postoperative pain score (17). However, recent basic science evidence underscores the
301 importance of deep tissue trauma to the experience of pain (18). Basic science work also
302 supports this on a receptor level: surgical tissue injuries enhanced the membrane
303 translocation of receptors important in post-operative hypersensitivity (19). Surgery
304 performed by experienced surgeons, as was the case in this study, may reduce post-
305 operative pain(21, 22) to levels below the sensitivity of current pain assessment scales.

306 Another reason for low pain scores on various scales may be due to inherent
307 insensitivity of the measurement techniques, preventing a significant difference between
308 positive and negative controls. Surprisingly little work has been performed to produce
309 validated assessment systems for acute pain, with the Glasgow Composite Pain Scale
310 standing out as the most validated scale in this regard (13). However, this scoring system
311 was validated using a variety of surgical procedures, including orthopedic procedures.
312 Additionally, the GCPS has not undergone criterion validation testing. It is possible that a
313 dog undergoing OVHX by an experienced veterinarian may have signs of pain more
314 subtle than this assessment instrument can detect. The von Frey apparatus was sensitive

315 to changes in threshold testing with dogs given 1 mg/kg morphine (12), and appears
316 reliable in clinically normal dogs (4). However, data gathered by one of the authors
317 (BDXL) found no difference in von Frey thresholds when it was used to assess wounds
318 being infused with saline or with local anesthetic (23). This suggests that the von Frey
319 may not be the appropriate instrument for assessing sensitivity of clinical wounds.
320 Testing site could make a difference in the reliability of the algometer, as previous
321 reports suggest that the canine carpal pad may be the most satisfactory site for testing (13,
322 21). Because this location was considered unusual for testing sensitivity of an abdominal
323 wound, it was not used for either the control or the test site, which may contribute to the
324 difficulty of using the algometer for assessment. This topic needs further research to
325 understand why the results appear counterintuitive, and to understand appropriate means
326 to assess wound sensitivity.

327 There is no doubt that expertise of the assessor in regards to pain assessment plays
328 a major role, as evidenced by a single experienced anesthesiologist finding a statistically
329 significant improvement after an incisional block with bupivacaine in dogs undergoing a
330 celiotomy (22). As involved as veterinarians are in the care of animals on a daily basis, it
331 is still possible to misclassify an animal as not in pain for many reasons — including
332 temperament, breed, type of surgery, and surgeon experience. In a study comparing staff
333 observations versus a self-report of pain in young children, staff observations of pain
334 were generally lower than the self-reports (26). However, for animals there is little
335 alternative to an observer for pain assessment. The negative aspects of such a
336 misclassification are obvious. The inclusion of multiple pain assessment tools with very
337 defined criteria was intended to counter potential inexperience, but cannot negate the

338 possibility altogether. Although the differences in the three reduced-size groups that
339 received rescue analgesia failed to reach statistical significance, the difference between
340 the L/BM group and the SS group (16% vs. 50% treated), if real, is clinically important
341 and suggests that the clinical judgment of when to administer rescue analgesia includes
342 factors that are not captured in the scoring systems that were used. We elected to give
343 rescue analgesia to any patient with a maximum value in any one GCPS category (27-
344 29), as a means to favor generous administration of rescue analgesia for any patient who
345 might need it. Our decision to give rescue analgesia to patients with a maximum value in
346 any one GCPS category may have biased our results, as 18 of 20 dogs received rescue
347 analgesia for a maximum value in the category of refusing to move post-surgery.

348 However, given the large number of patients in group SS that received rescue analgesia
349 (almost half of the animals in that group), it is possible that refusal to move may be a
350 sensitive indicator of patient discomfort in the patient with pain secondary to an OVHX.

351 The effect of time present (i.e. a decrease in pain scores over time) in this study
352 suggests that we do see changes in pain scale scores and von Frey readings over the
353 course of a 24-hour period. Using subjective pain scores, all values returned to baseline
354 or near baseline by 24 hours, suggesting that we could no longer detect pain effectively at
355 that point. When assessing algometric scores, there was an initial decrease from baseline
356 after extubation, and while values tended to move back towards baseline between eight
357 and 24 hours, the values never returned to baseline. This suggests wound sensitivity may
358 still be present when subjective assessments do not detect pain. An alternative
359 explanation is that the dogs had become behaviorally sensitized to the testing device.
360 Ideally, testing of dogs that were not operated on would have been performed to evaluate

361 the effect of time on threshold readings. Data (30) suggest there is a learned response that
362 decreases thresholds over time in normal dogs, but the data were generated using a more
363 blunt device than the von Frey used in the present study.

364 No adverse events were documented in this study to suggest that a local anesthetic
365 infiltrative block is harmful to a patient, as opposed to another study examining incisional
366 line block (31). Fitzpatrick et al. (2010) may have seen greater complications because
367 they choose to infiltrate the site of the incision, where as we infiltrated the tissue
368 surrounding the incision. The block took a short time (<2 minutes) to perform. Other
369 studies have found that incisional blocks provide effective analgesia (25, 32).

370 Conclusions

371 We believe we cannot make firm conclusions about whether or not a line block is
372 effective due to the lack of statistically significant differences between positive and
373 negative controls. Indeed, the ability to assess pain in non-verbal species even with
374 multiple assessment tools is called into question with the results of this study,
375 necessitating a humble and compassionate approach to pain management in all non-
376 verbal species.

377 The veterinary medical profession must work towards developing more sensitive
378 and specific assessments of pain to evaluate the effectiveness of postulated analgesic
379 interventions, while continuing to provide conscientious therapy knowing such strategies
380 have not yet been developed. If an experienced observer cannot detect a patient with
381 known pain from one that received adequate analgesia using four different techniques, it
382 is relatively easy to miss a painful patient that cannot self-communicate. If one is

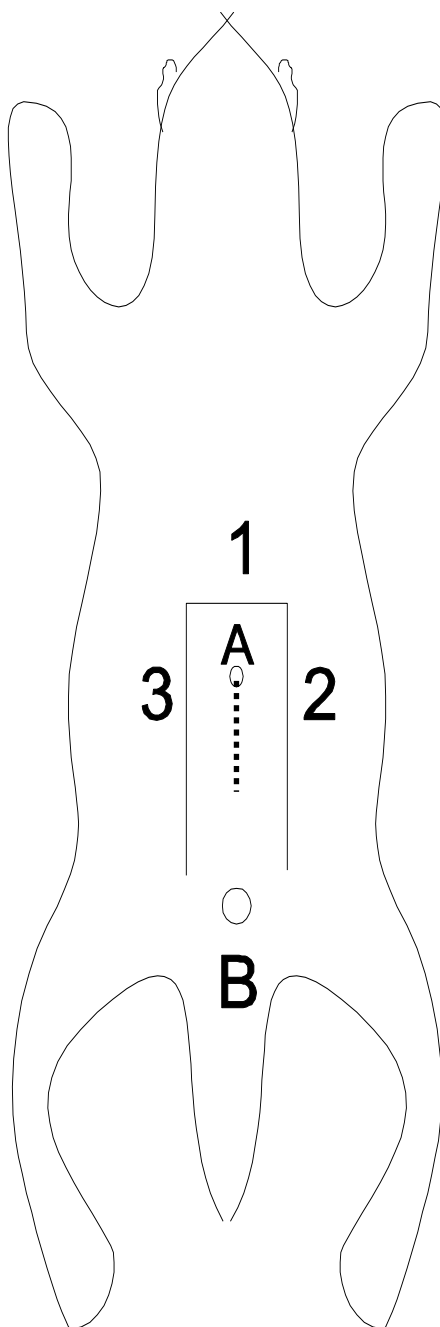
383 inducing something that is likely painful, aggressive pain management is warranted as a
384 moral and ethical obligation.
385

386 Appendix 1: Site for line block/infiltration of local anesthetic or saline. Please see text for
387 description of labels.

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Table 1. Baseline data for Groups L/B, L/BM, and SS. Data is presented as average (\pm SD), except for BUN, where average value only is listed. Respiratory rate was not included because a large number of animals were panting.

Group	L/B	L/BM	SS
Number of dogs	20	19	20
Age	1.6 \pm 1.7	1.6 \pm 1.4	2.3 \pm 2.0
Weight	17 \pm 6.8	16.5 \pm 1.4	18.2 \pm 9.6
Temperature	101.2 \pm 1.0	101.1 \pm 0.9	101.1 \pm 1.0
Heart rate	140 \pm 22	138 \pm 26	138 \pm 22
PCV	43 \pm 4.0	42 \pm 4	42 \pm 4
Total protein	6.8 \pm 0.6	6.8 \pm 0.7	6.5 \pm 0.6
BUN (Azostick)	5-15	5-15	5-15
Propofol (mg/kg)	4.6 \pm 1.1	4.3 \pm 1.6	3.6 \pm 1.6

Figure Legends

Figure 1. Visual Analogue Scale (VAS), from 0-10 centimeters, prior to premedication (time -1), extubation (time 0), and 2, 4, 6, 8 and 24 hours post-operatively. Note: L/B received saline premedication and local anesthetic line block, L/BM received morphine premedication and a local anesthetic line block, and SS received a saline premedication and saline line block.

Figure 2. Glasgow composite pain scale (GCPS) scores from 0 to 24 prior to premedication (time -1), at extubation (time 0), and 2, 4, 6, 8 and 24 hours post-operatively. Note: L/B received saline premedication and local anesthetic line block, L/BM received morphine premedication and a local anesthetic line block, and SS received a saline premedication and saline line block.

Figure 3. University of Melbourne Pain Scale scores from 0 to 27 prior to premedication (time -1), at extubation (time 0), and 2, 4, 6, 8 and 24 hours post-operatively. Note: L/B received saline premedication and local anesthetic line block, L/BM received morphine premedication and a local anesthetic line block, and SS received a saline premedication and saline line block.

Figure 4. Algometric value, depicted as a ratio compared to the value obtained at the abdomen versus the value obtained at the thorax at the same time points: at premedication (time -1), at extubation (time 0), and at 2, 4, 6, 8 and 24 hours post-operatively. Note: L/B received saline premedication and local anesthetic line block, L/BM received morphine premedication and a local anesthetic line block, and SS received a saline premedication and saline line block. Also note that a ratio of one indicates the animal tolerates the same level of pressure on the

abdomen as the thorax. A decreasing ratio indicates the animal tolerates less pressure on the abdomen as compared to the thorax.

Figure 5. Algometric value, depicted as a ratio comparing the value obtained at each individual time point to values obtained at the abdomen prior to premedication (i.e. time, but not location, is the dependent variable). Time points for comparison to pre-medication values include pre-medication (time -1), extubation (time 0), and 2, 4, 6, 8 and 24 hours post-operatively. Note: L/B received saline premedication and local anesthetic line block, L/BM received morphine premedication and a local anesthetic line block, and SS received a saline premedication and saline line block. Also note that a ratio of one indicates the animal tolerates the same level of pressure on the abdomen at the time of comparison as it tolerated prior to incision. A decreasing ratio indicates the animal tolerates less pressure on the abdomen at the time of comparison as compared to pressure applied prior to the incision.

Fig. 1

▣ L/B
▣ L/BM
▣ SS

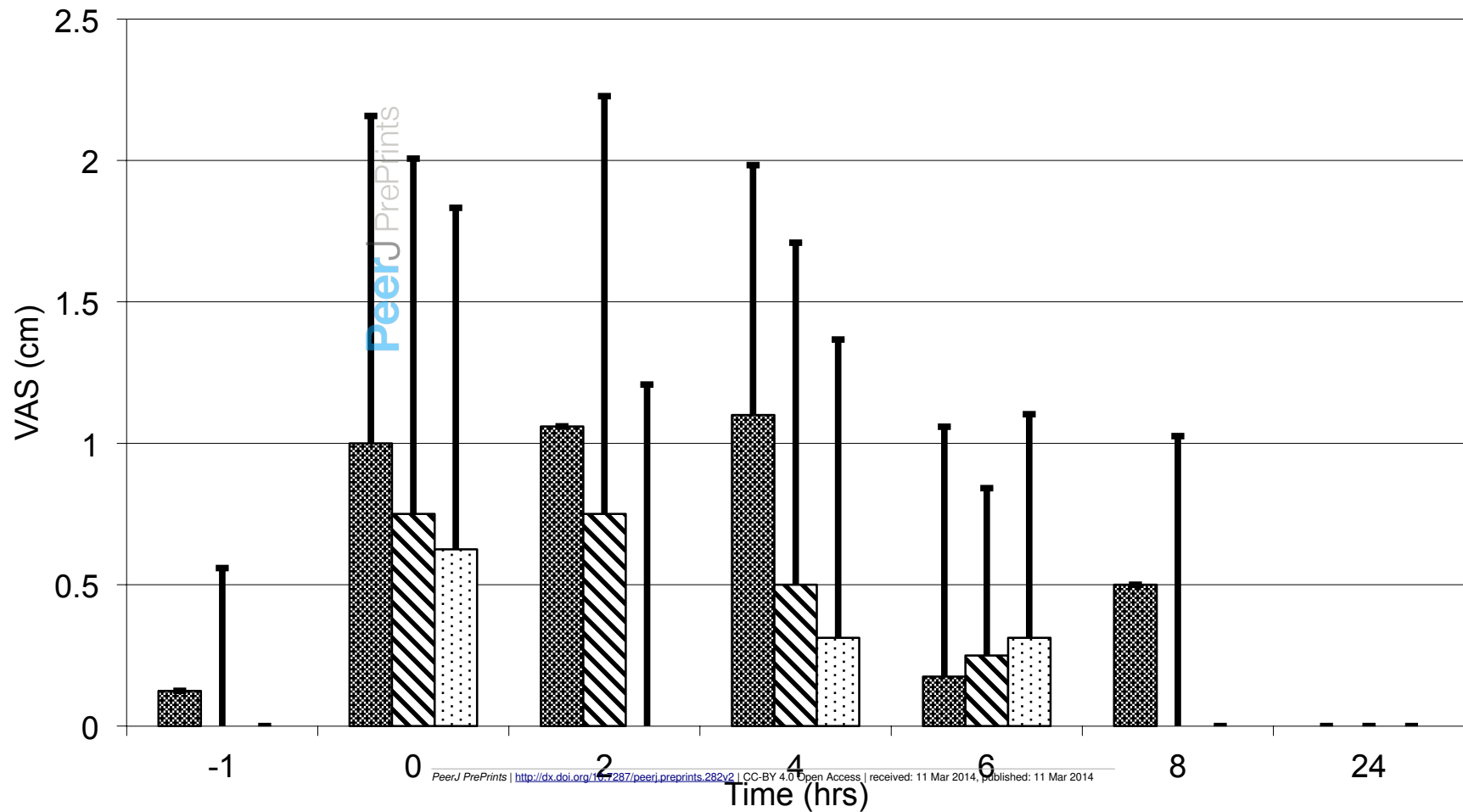


Fig. 2

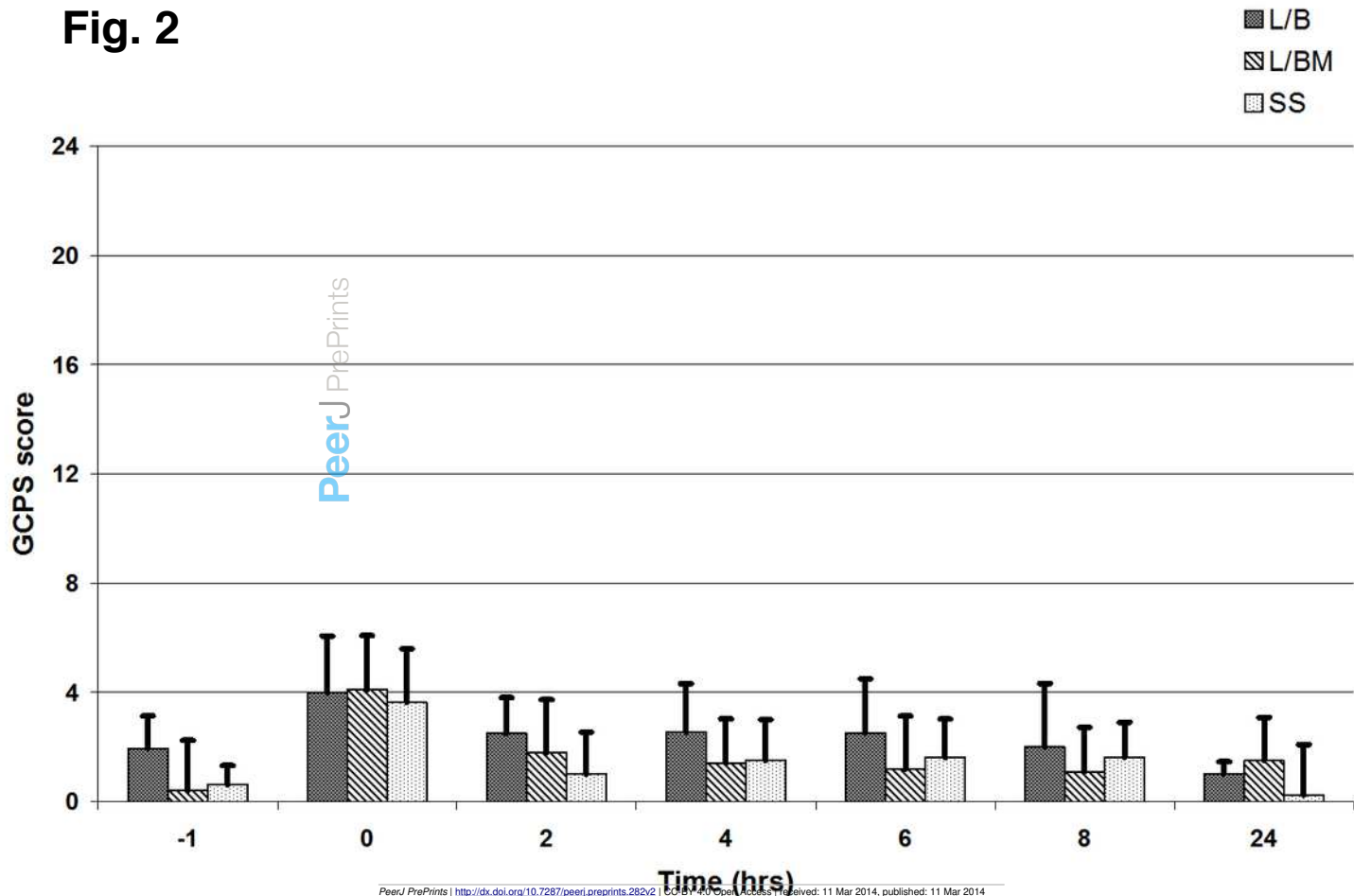


Fig. 3

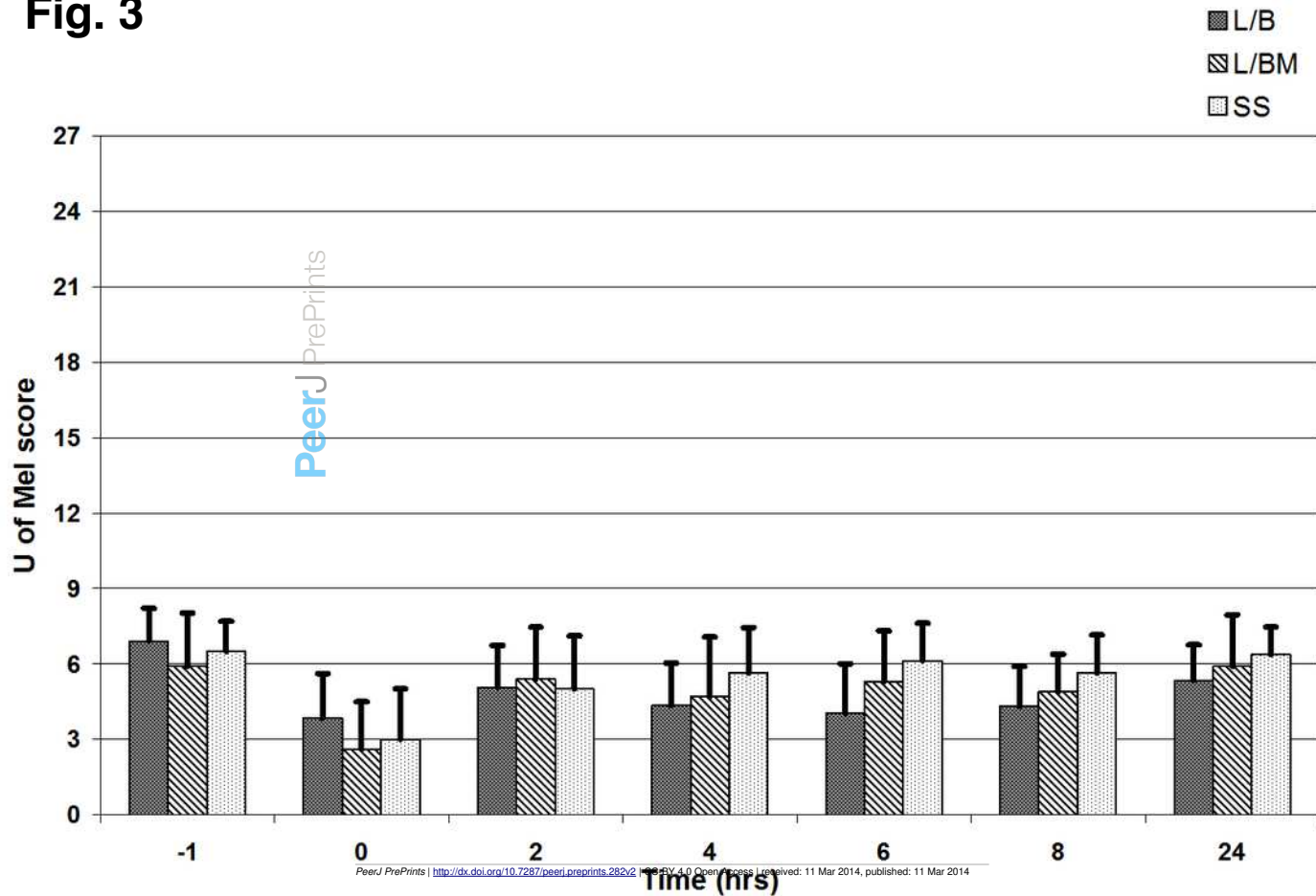


Fig. 4

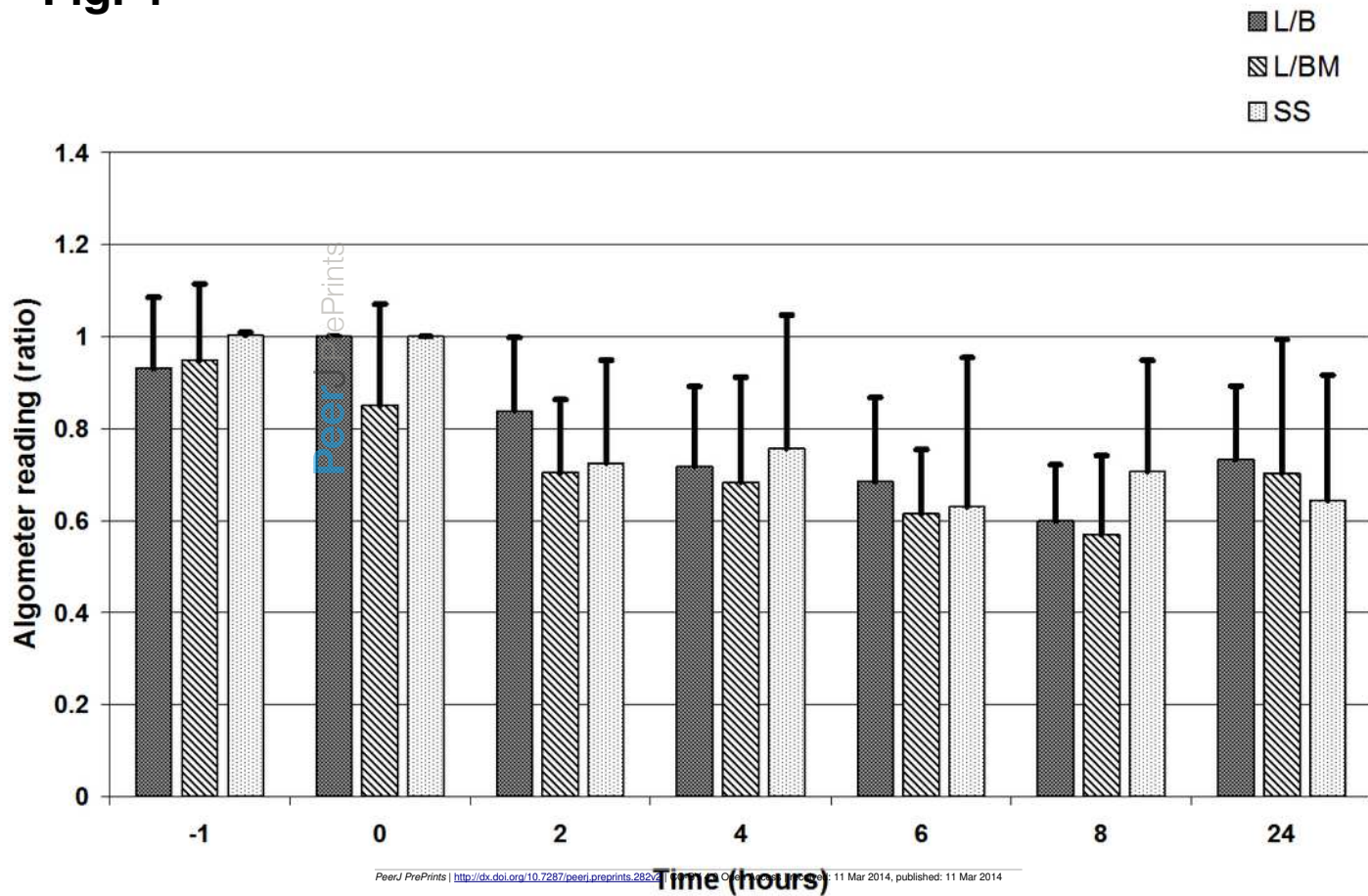


Fig. 5

